



The Richmond Fellowship Society (I) Bangalore Branch



Annual Report

APRIL 2022 TO MARCH 2023

VISION STATEMENT

Persons with Mental Illness are entitled to equal rights to lead a life of good quality and live in the community. This will be ensured by providing suitable models of care that are aimed at equal opportunity by means of affordable, acceptable and committed treatment options.

MISSION STATEMENT

To provide accessible and quality psychiatric rehabilitation services, reduce stigma surrounding Mental Illness, network with various organisations for training and sensitization activities, develop manpower in the field and make relevant research contributions.

ABOUT US

The Bangalore branch of the **Richmond Fellowship Society (India)** runs the following facilities:

- Halfway Home – ‘**Asha**’ for 23 residents (both men and women)
- Long stay Home – ‘**Jyothi**’ for 17 residents (men and women)
- Day Care Centre with Vocational training – ‘**Chetana**’ for 50 clients (temporarily closed)
-

The Bangalore Branch has provided rehabilitation services to **1257** clients at our residential and Day Care Centres, as of March 2023. All three centres provide treatment and support to adults battling chronic mental illnesses such as ***Schizophrenia, Schizophrenia with other psychosis, Bipolar Affective Disorder, Obsessive Compulsive Disorder, Autism Spectrum Disorders, Attention Deficit Hyperactivity Disorder (ADHD) and persons with Intellectual Disabilities***. The residents re-learn personal and social skills in a therapeutic environment. In addition, individual and family counselling services are provided. The therapeutic community offers a safe and friendly environment for personal growth and offers an opportunity to regain self-respect. The Fellowship also offers respite care, on a case-to-case basis.

RFS (I) Bangalore Branch is also **India’s only NGO** that pioneered exclusive education in the field of Psychosocial Rehabilitation. It offers short-term courses in Counselling and Psychosocial Rehabilitation for various Institutions / hospitals / medical colleges and NGOs to increase the number of qualified personnel to take care of the huge burden of caring for those suffering from chronic mental illness. Post Graduate students studying for medical psychiatric social work / clinical psychology from different Universities from India and abroad, are posted at RFS facilities for Block Placement / Internship and are provided ‘hands on’ training.

RFS (I) Bangalore Branch has professional and institutional links with the **National Institute of Mental Health & Neurosciences (NIMHANS)**, Bangalore and other academic institutions both in India and abroad.

MESSAGE FROM OUR PRESIDENT

B. Chandrasekhar
President
RFS(I) Bangalore Branch



The Richmond Fellowship Society has seen a stable year without any unforeseen interruptions unlike recent years while the pandemic affected us in one way or another.

Thanks to our access to higher ups in the establishment and to the efforts of Dr Lata Hemchand, KEONICS have sanctioned an INR 40 lakhs grant for renovation of our day care facilities and we have also received part disbursement.

As always, the Charity Golf Event continues to leap ahead in revenues and even got us an eight-digit bounty this year. Thanks again to Dr. Kalyanasundaram and staff team of RFS headed by Ms. Padma. The incredible saga continues. The added feather to our cap in this event, this year, was the sale of paintings by our clients that earned them well deserved value not just in monetary terms but also in building their self-confidence.

On the professional front our MOU with NIMHANS has been renewed up to 2025.

The annual talents day, where clients excelling in games sports and arts, were rewarded, and showcased too was a joyful and festive event attended by a large group of well-wishers and stake holders alike.

We look forward to build on our gains from the past and improve in all our endeavours under the able stewardship of Dr. Aditya, as we continue to look at new ways to contribute our mite in the field of mental health and rehabilitation.

BENEFICIARIES DATA

Particulars	Asha Halfway home	Jyothi Group Home	Chetana Day Care Centre
Capacity	23	17	Temporarily closed
Numbers as on 01.04.2022	23	17	
Clients discharged	9	03	
Clients admitted	7	02	
Numbers as on 31.03.2023	21	16	

ACTIVITIES CONDUCTED FOR THE RESIDENTS:

- On 25th June 2022, in collaboration with Global Arts and Crafts Events for “Artistic Celebration of Beautiful Minds” which is being jointly organized by Arts and Crafts (artscrafts.co) Of Abu Dhabi, UAE, and Srivatsa M. A Memorial Trust for Mental Health, Bangalore, conducted an art competition for the residents to mark the significance of World Mental Health Day. Participation certificates were given to all the residents who took part in this art event. Medals were awarded to three best art works.
- From 11th July to 15th July 2022, two of our residents attended National level art workshop at NIMHANS.
- On 12th October 2022, 14 residents from Asha and Jyothi house participated in the BRCL, organized by MPA. Staff team and interns accompanied the residents. RFS Bangalore branch was the first team to have a female resident to participate in the BRCL chapters.
- On 22nd November 2022, one of the Asha residents and a staff member attended the inaugural function of National level art exhibition and sale organized by NIMHANS, at Chitrakala Parishath. The paintings done by our residents were displayed in the exhibition.
- On 3rd December 2022, Asha resident and 2 staff members attended art exhibition conducted by Department for the empowerment of differently abled and senior citizens to mark the importance of World Disability Day at Sri Kanteerava Stadium.
- The residents actively participated and completed the job orders which was received from Craftizen:
 - (1) Eco-friendly Rakhis – 380 nos.
 - (2) Lenova pens stickering – 1126 nos.
 - (3) Painting of diyas – 250 pairs
- Painting made by our resident got selected for the Annual calendar of NIMHANS.
- Paintings made by our residents have been printed in the RFS Annual Table calendar.
- Residents won prizes in the annual sports day conducted by RFSB.

RESIDENTS' PARTICIPATION IN THE JOB ORDERS OF CRAFTIZEN FOUNDATION



Lenovo pens stickering



Rakhi making



Painting of diyas

**Prof. H.P
Khincha
Bangalore**

A wonderful facility. Much needed and required. Wish and hope that the facility supports the need of society which it is doing now with excellence.

DETAILS OF TRACKING THE PROGRESS OF RESIDENTS AT ASHA (2022-2023)

The progress of **14 clients** was tracked in the one-year period between 2022 to 2023, using the **Social-occupational Functioning scales (SOFS)**. These clients were chosen based on their stay at halfway home, which was one year or more. It was considered appropriate to observe the clients over a period of one year to assess the impact of interventions and rehabilitation measures that were carried out. SOFS provides a disability score based on the functioning in four areas, namely: personal hygiene, communication, work habits and social skills. A higher score indicates greater disability and vice versa.

Aim: To track the progress of residents with chronic mental illness, in a halfway home, over a period of 12 months.

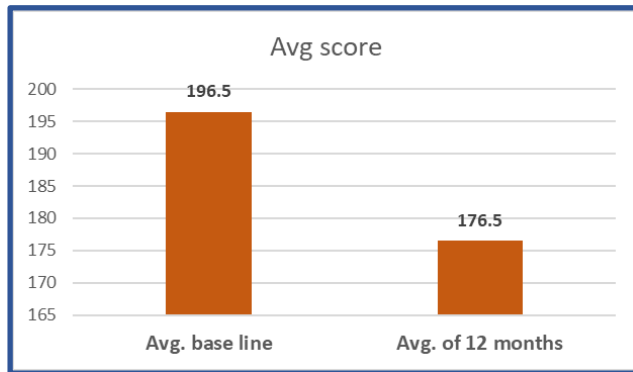
Objective: To look at the level of improvement achieved in the core areas of functioning.

Sample: Male - 9 and Female- 5

Social - Occupational Functioning Scale: SOFS, is a brief measure of functional status in persons suffering from Schizophrenia. The scale measures 14 domains:

1. Bathing and Grooming	2. Clothing and Dressing
3. Eating, Feeding and Diet	4. Neatness & maintenance activities
5. Conversational skills	6. Social appropriateness/politeness
7. Social engagement	8. Money management
9. Orientation/ Mobility	10. Instrumental social skills
11. Recreation/ Leisure	12. Work
13. Respect for property	14. Independency & responsibility

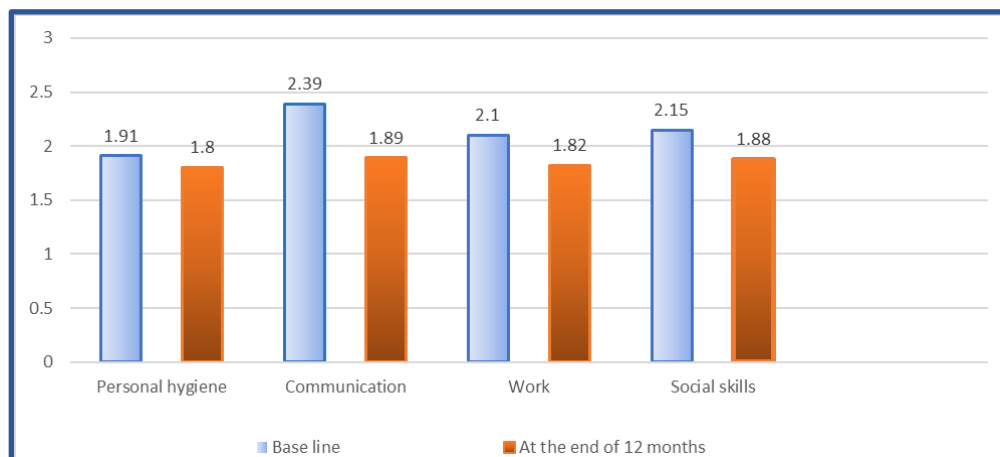
GRAPHICAL REPRESENTATION OF AVERAGE AT BASE LINE AND AT 12 MONTHS



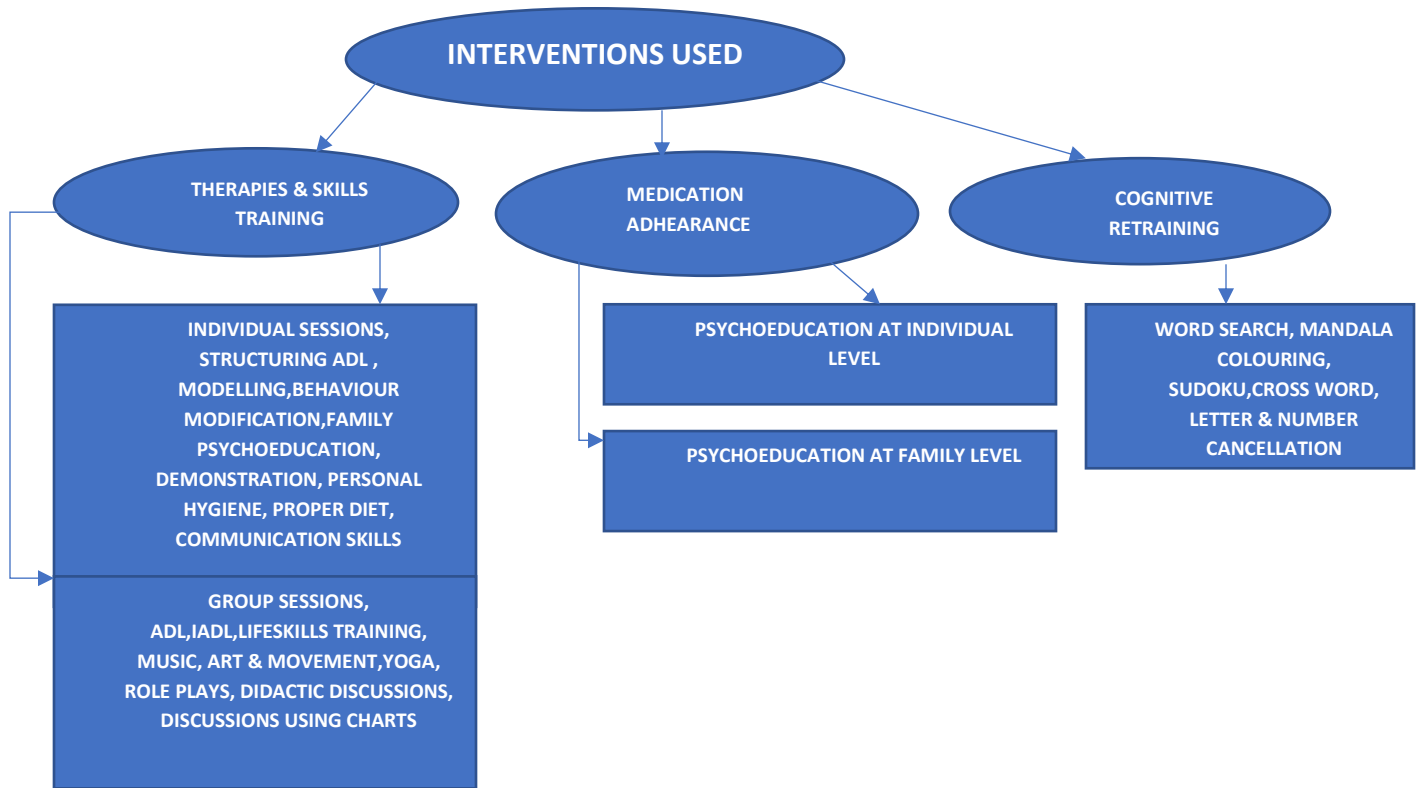
The above graph represents the average scores of base lines and at the end of 12 months on SOFS.

- Table 1 clearly shows improvement at the end of 12 months.
- Interventions like skills training, individual sessions and group sessions have resulted in a positive response.

GRAPHICAL REPRESENTATION OF AREAS OF FUNCTIONING



- Mild improvements were seen in core areas of functioning but there is a larger improvement in communication.
- We have observed that the residents have gradually improved their skills in the area of communication. In individual and group sessions some of the issues related to the communication are addressed with the residents.



Summary of the study:

- The above study was conducted to assess the rate of improvement among residents with severe Mental illness using SOFS.
- In the current study made: the results clearly shows that there are improvements in residents from base line assessment period to the end of 12 months.
- At the base line assessment period all residents had difficulties in almost all the domains.
- Residents have shown improvements as they have undergone the rehabilitation process.
- Interventions used during Rehabilitation process has helped clients to improve in the core areas of concern.
- At times even slight decline has been observed in a few individuals in certain domains due to relapse in their psychiatric symptoms but gradual progress has been observed in those areas of decline after the recovery.
- Overall, we have observed changes in the functioning levels of all the residents by the end of 12 months of Rehabilitation process.

AN OVERVIEW OF THE ACTIVITIES DURING THE YEAR 2022-23:

- On **20th April 2022**, clinical staff attended an online session conducted by Dr. Aarti Jagannathan, Additional Professor, Dept of Psychiatric Social Work (Psychiatric Rehabilitation Services), NIMHANS on: "Vocational Potential Assessment Tool and Counselling Module –For Persons with Severe Mental Disorder".'
- On **15th May 2022**, the staff team, some of the GC members of RFSB took part in 5K Majja Run 2022 organized by TCS.
- On **21st May 2022**, the RFS staff team attended an online session on: "Why we become diabetic, or has high BP / Triglycerides or has central obesity or become obese or get into depression? How to reverse these Lifestyle diseases through Diet?", conducted by Mr. Krishnan.
- On **27th May 2022**, a webinar on 'Schizophrenia: What we need to know and why?' was organized to mark the significance of World Schizophrenia Day. Dr.S.Kalyanasundaram, Hon. Advisor and Senior Consultant Psychiatrist, Dr.Lata Hemchand, Senior Consultant Psychologist and Dr. Dhruva Ithal, Visiting Consultant Psychiatrist were facilitators for this programme.
- On **2nd of June 2022**, the staff of RFS attended an online meeting on Prevention of Sexual Harassment (POSH). Staff team had an orientation about the same.
- On **10th June 2022**, Mr. Manikumar A, Rehabilitation Counsellor attended Eco-friendly Rakhi training conducted by Craftizen Foundation.
- On **21st June 2022**, International yoga day was celebrated. Residents, clinical / admin staff team and interns attended the yoga session.
- On **25th June 2022**, in collaboration with Global Arts and Crafts Events for "Artistic Celebration of Beautiful Minds" which is being jointly organized by Arts and Crafts (artscrafts.co) Of Abu Dhabi, UAE, and Srivatsa M. A. Memorial Trust for Mental Health, Bangalore India, conducted an art competition for the residents of Richmond Fellowship Society, Bangalore Branch to mark the significance of World Mental Health Day.
- In the month of **July 2022**, residents completed the Eco-friendly Rakhis – (380 nos.) order received from Craftizen foundation.
- From **11th July to 15th July,2022** two of our residents attended National level art workshop at NIMHANS.
- From **8th August 2022**, one resident started attending Psychiatric rehabilitation services at NIMHANS as per the advice of his treating Psychiatrist.
- On **11th August 2022**, Dr. Srikala Bharath, Former Professor of Psychiatry, NIMHANS, conducted 'Life skills' training for the clinical staff.
- On **13th August 2022**, Mr. Thyagarajan and Mr. Venkatesh visited RFS Asha and conducted a session on 'Positive Attitude' and all the residents and staff attended this session.

- On **19th September 2022**, Asha facility was relocated to Chetana building at NR Colony, as the current building had to undergo sanitary & plumbing repair works. The residents were shifted back on 27th February 2023
- On **22nd September 2022**, Dr Lata Hemchand, conducted a session on 'Lets confluence and support each other' for the clinical staff.
- In the month of **October 2022**, the residents actively participated and completed the job orders which was received from Craftizen - diya painting, rakhi making and Lenova pens stickering.
- On **10th October 2022**, to mark the significance of world mental health day, a walkathon to Bugle rock was organized. Residents, Staff team, interns and a few family members participated.
- On **22nd October 2022**, to spread awareness about mental health issues a pop-up café was organized at the premises of Chetana day-care and vocational training center. Staff team, residents and interns took part in the event.
- On **6th December 2022**, annual sports were conducted for residents from both the facilities.
- On **14th December 2022**, Ms. Ally Mol Thankachan and Ms. Keerthana, Rehabilitation Counsellors attended the 'candle making' training conducted by Craftizen Foundation.
- On **22nd December 2022**, Annual Fellowship Day was celebrated at Chetana Auditorium.
- On **24th December 2022**, residents took part in carol singing.
- On **24th January 2023**, Ms. Sonu Mariya Sunny and Ms. Nivedha B, attended a paper-based product making training program which was conducted by Craftizen Foundation at MPA. It was efficacious.
- Celebrated festivals and birthdays.
- To track the progress of residents, administered assessment scales once in 3 months.
- The Memorandum of Understanding with NIMHANS has been renewed for a period of three years w.e.f. **24th November 2022**.
- Psychiatric and general consultations have been happening regularly as per the advice of the doctors.
- Dr. Lata Hemchand has started sessions on training 'Supervision Skills' for three clinical staff. The first session was held on **14th March 2023**.



**Mrs. Sandhya
Raja Rao,
Caregiver**

My son Deepak Rao has been a resident of ASHA Halfway home for 8 months. After a very bad episode of BPAD, he has settled down to a normal routine. Staff at ASHA are friendly and approachable. Every time I visit my son, I go home with a feeling that he is safe there. What I have noticed is atmosphere there is very homely and the staff treats the residents with humanity. I hope this will continue and best wishes for future.

PHOTO GALLERY OF EVENTS





MENTAL HEALTH SANTHE:

On **3rd November 2022**, staff team and residents attended Mental Health Santhe, an event organized by NIMHANS. A stall was put up at this event where few of clinical staff and residents took part.

It was a moment of great pride for RFS, that Dr S.Kalyanasundaram was invited as the Chief Guest to inaugurate this programme and the Director and the Dean of NIMHANS made it a point to applaud the work he had done in the field of "Psychiatric Rehabilitation at RFS".



FUND RAISING EVENT:

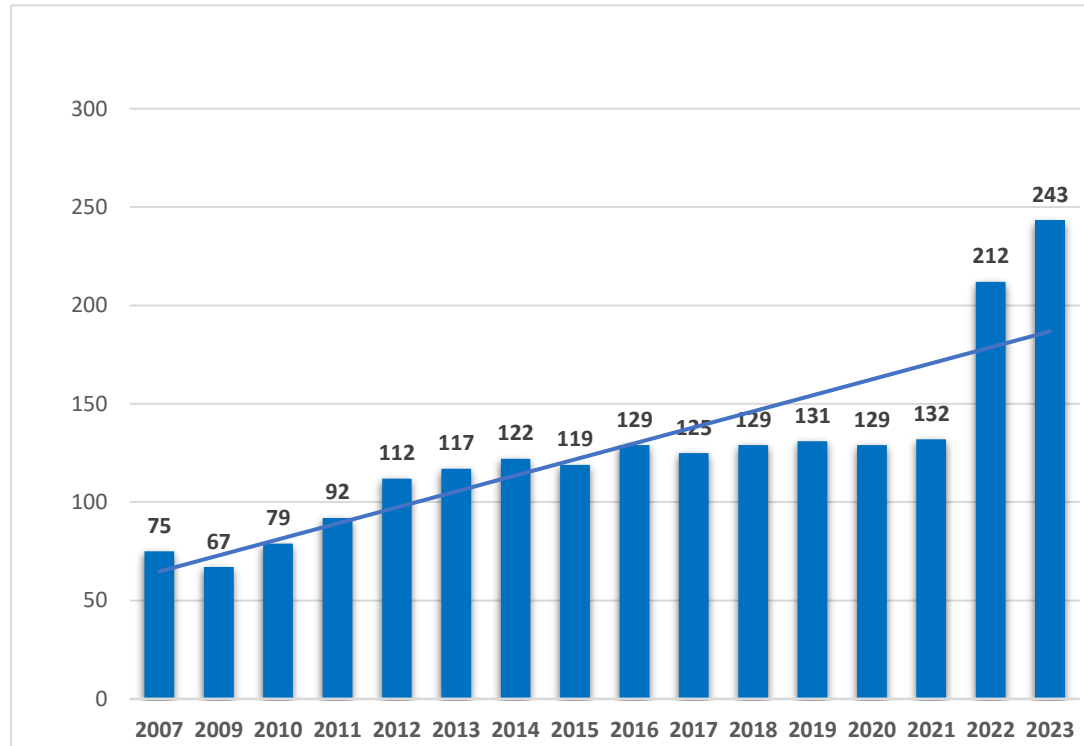
RF Charity Golf Tournament 2023:

The **16th** edition of the **Richmond Fellowship Charity Golf Tournament** was conducted in two sessions on 2nd and 3rd February 2023 at Karnataka Golf Association (KGA), Bangalore. It was a grand success with **243** golfers taking part in this tournament (116 on 2nd February and 127 on 3rd February 2023).

The paintings of residents were auctioned during this event. All the **13 paintings were sold** and a sum of **INR 72,100 /-** was collected and this amount went directly to the residents' account.



Participants in the Golf tournament for 16 editions



**Mr. Ramesh
Radhakrishnan
Golfer**

Wonderfully organized and looking forward to the next edition of this tournament and best wishes and all success to the organization in its great efforts.



**Mr. Sukumaran
Golfer**

Fantastic tournament.
Unmatchable *fellowship* and warmth.
Great sense of humour.
All playing golf for a cause not bothering about the prize they win or lose!
Huge voluntary contributions for a great cause!
Never seen before trophies and huge lot of valuable prizes!
A must play tournament every year!

Donation under CSR from KEONICS



The Fellowship is thankful to Karnataka State Electronics Development Corporation Limited (KEONICS) for sanctioning **INR 40 lakhs** under **CSR funding** for 'Chetana' Day Care Centre toilets renovation work, fixing of UPVC windows and safety grills. The first instalment amount INR 16.00 lakhs has been received. The renovation work has commenced on 28th February 2023 and the work is under progress.



We are very proud to present a success story of a resident, an article produced by one of our residents and few original poems by our residents:

A. Turnaround Story of an Engineer

Ms. P is 37 years old, Hindu Brahmin, has done her B.E and MBA, belongs to Upper middle class socioeconomic status, and resides in Bangalore.

She presented with chief complaints of hearing voices, hurting herself, and unable to handle money properly, and being lethargic, staying aloof, with 18 years of psychiatric illness of gradual onset and a progressive course.

She was put on medication when she was 16 years old (2002), and she passed her 12th and joined the Engineering course and completed the same successfully and secured a job. Though she was on medication, there were relapses due to work related stress. As a part of her office requirement, she was sent to United Kingdom for one and a half years on duty from a reputed company. She successfully completed her project at United Kingdom and returned to India.

After another episode of relapse in 2020 she was admitted to Asha halfway home as per the advice of her treating psychiatrist.

At Asha she was exposed to several group and individual sessions, which helped her to improve herself.

Sessions were held on:

- Managing Interpersonal relationships.
- Techniques to manage trauma.
- Skills to manage activities of daily living.
- Managing personal boundaries at work and with others.
- Money management skills.
- Time management, balancing work, and personal life.
- Psychoeducation on the illness and managing symptoms & medication compliance.
- **Dr. Lata Hemchand, our senior Psychologist and therapist used other intervention techniques like: Eye movement desensitization and reprocessing (EMDR) therapy sessions and diaphragmatic breathing technique.**
- Writing a Journal/thought book.
- Listening to music & reading novels as an alternate method to relax.
- Family Psychoeducation by Dr. Lata Hemchand and staff team, regular follow-ups with her psychiatrist, focused on improving her independent living skills.
- Certain cognitive tasks helped her to improve her level of attention & concentration.

During her stay at Asha for a period of one year eleven months, we focused on Psycho educating the father about her condition, her interest in the career and helped him to learn how to handle her during a crisis. These sessions helped her father to understand the needs and to support Ms. P whenever required.

In the month of May 2022, Ms. P had a trial discharge. During this period, timely sessions were held over phone calls to get updates about Ms. P's functioning & as well as to make sure the change of place was not having any effects on her psychological health. She handled situations that triggered her psychiatric symptoms well, while she was under trial discharge.

Since she and her father expressed that she can be taken care at home she was discharged from Asha in June 2022 with the consent of her treating psychiatrist. Post discharge she is staying with her family and can manage triggers well. She has secured a job and is doing well in her new job.

B. Initiatives by Government of India for Mental Health: Compiled by Deepak Rao, a resident of ASHA Halfway home

With mental health becoming more of a widespread concern in society - this article aims to take a look at 3 initiatives by the Government of India to reduce the burden of mental illness.

1. Mental Health Act: The new Mental Healthcare Act 2017 is supposed to change the fundamental approach on mental health issues including a sensible patient-centric health care, instead of a criminal-centric one, in India, the second most populous country and one of the fastest economies in the world.

The Act covers broad ground including:

- Rights of persons with mental illness. Every person will have the right to access mental healthcare services.
- Admission of persons with mental illness
- Decriminalizing suicide and prohibiting electroconvulsive therapy
- Responsibility of certain other agencies
- Financial punishment

2. Unique Disability ID Card

- The UDID card shall bring a host of benefits to the Persons with Disabilities as given below:
- Persons with disabilities will not need to make multiple copies of documents, maintain, and carry multiple documents as the card will capture all the necessary details which can be decoded with the help of a reader
- The UDID card will be the single document of identification, verification of the disabled for availing various benefits in future
- The UDID Card will also help in stream-lining the tracking of the physical and financial progress of beneficiary at all levels of hierarchy of implementation – from village level, block level, District level, State level and National level

3. Tele-MANAS phone helpline

- The public can access the Tele MANAS helpline by dialling toll-free number or short code. This call will be an IVRS based audio calling only, with a timely auto-call back approach. Through the automated call-back service, the caller will first be attended to by a trained counsellor.
- Based on the level of care required, the counsellor will either provide the care needed within their capabilities or refer the caller for specialist care.
- If the caller requires specialized care, the call will be handled by a mental health specialist (clinical psychologist, psychiatric social worker, psychiatric nurse, or a psychiatrist). This level of service will contain both audio as well as video-based options.
- In case the caller requires urgent in-person intervention/complex evaluations and management, they will be referred to the nearest in-person service for physical consultation and/or an audio-visual consultation with a specialist will be arranged through e-Sanjeevani. These centers will range from Health and Wellness Centre (HWCs) to tertiary care centers as part of the DMHP.

Conclusion: The pace of mental health initiatives has definitely picked up in the recent past and this gives hope to those suffering from mental illness. One looks forward to many such initiatives from the Government of India.

C. My Experiences in Life – By Salil Sood, a resident of JYOTHI Long stay home

Ever since I was born,
 I've been lonely and forlorn,
 I was a toddler without a face
 Without the look Without the grace.
 A squeaky form I was begotten
 Nonetheless with fillies I was always besotten
 Childhood was good but still being alpha male
 I had a sexual temperament with impulses of high scale
 Regardless every pretty lass became a crush
 But like I said before I didn't add up to much
 Mid school there was much upheaval
 Students, teachers making me miserable
 With clouting my face as if it were game
 Bullying was their byword in putting me to shame,
 There was none who sought me out
 For friendship, or someone upon whom I could count
 A nonentity with no personality and with nothing to gain
 Studying hopelessly and ending in pain
 Dropping grades and dropping years,
 Where juniors later became my teachers
 The embarrassment and trauma of watching someone I once superseded over
 Become my boss and educator
 This all happened at age 24 in university
 Where all my colleagues were all a teen committee
 My mind was trapped inside a sewage pit
 All thoughts submerged not knowing what is good and what all is shit
 My troubles started at age 13
 When I was behaving odd with an impish childlike bean
 At 19 when things began to look bleakish
 I was taken to a shrink who found me somewhat freakish,
 Psychedelic cards were flashed at me
 I was subjected to rapid rounds of questions
 As if I slipped up, they would doubt my sanity
 The gavel would decide my future with finality
 He called my diagnosis schizophrenia as if to say
 I'm guilty of treason and have to spend a day
 At the church at the confession box spilling out the beans
 To make penitence for being mentally ill and cry out by all means.
 However, with much ado and validation
 I came back from the analyst highly in sedation
 To await the much larger challenge instead
 As the "normal" world beckons me ahead,
 Where Abnormality is just an unkind word for angels who go where fools fear to tread!!
 In 1995 I went to India's Silicon Valley Bangalore
 Where it seemed a total contrast to the city I came before
 The thugs, the crude unfiltered depraved utterances
 The animosity hostility of my place of allegiances
 We're missing from this lovely metropolis
 From riveting countryside to cultured megalopolis
 I found the place which I could call my home
 The Richmond Fellowship, a place of worship I could finally put an end to every syndrome!!

**D. Positive Health by Ms. Namratha Nagaraja, a resident of ASHA
Halfway Home**

Life starts to unfold in bits and pieces,
Day after day like thorns and roses.
Why is my mind drifting to paradise,
When we know that troubles come at a price.
My lonely heart cries out for some solace,
Which only shows that could be a quantum pace.
Oh! Behold my beautiful mind!
Cry not for less of a grind!!
Because life is all about love,
When your well-being has to be up and above.
Oh! Let my mind be at peace;
Which comes in piece after piece.

TRAINING RESEARCH CENTRE IN MENTAL HEALTH

Internship / Block Placement / Orientation visit

Sl. No	Training	No. of students
01	Block Placement / Internship / Concurrent field work	58 students from Assumption College, St. Joseph's College, Bishop Cotton Christian Women College, Kristu Jayanthi College, CMR University, St Claret College, Bharatidasan University, Bangalore City University, Loyola College, Acharya College, Surana College, Shreedevi Institute of Social Work, Mangalore University, Don Bosco College, Holy Cross College and Nehru Arts and Science College
02	Short-term training	a. Short- term training was conducted for 15 , II-year students pursuing Bachelor of Prosthetics and Orthotics (BPO) at Mobility India, Bangalore from 13 th to 16 th June 2022. b. Ms. Anoop Inder Kaur, a Clinical Psychologist working at Pushpanjali Trust, Chandigarh, was provided training from 26 th September to 19 th October 2022
03	Orientation visit	154 students from MV Shetty College of Social Work, Jain University, Manasa Trust, VIT University, Mont Fort College, Don Bosco College, Manipal College of Nursing, Jain College, Christ College, Government

		College of Nursing, Lourdes College, St John's Medical College Hospital, Roshini Nilaya, Kasturba College, St Joseph's College and Marian College
04	Monthly Orientation	170 students from Dept of Psychiatry / Nursing / Psychiatric Rehabilitation Services, NIMHANS
05	Workshop	Conducted on 10 th June 2022 at Dalai Lama Institute for Higher Education for 40 undergraduate students commemorating Mental health awareness month.

Intern Ms. Anitta Varghese, Kristu Jayanti College, Bangalore

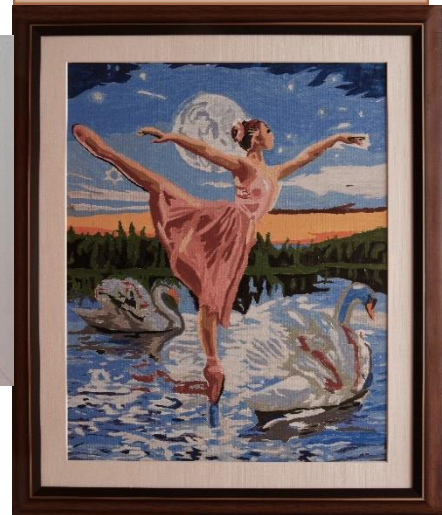
Beginning with a huge appreciation and gratitude for guiding me throughout my journey of fieldwork in Asha Richmond Fellowship Society. The staff members in Asha gave me comfortable days with most support. Helping me and teaching me what to do and what not to do always made me more confident and empowered me in this field. The schedule and routine of the organisation always made a constant direction for all the members as well as residents in the organisation. I am happy that I could be part of it. I learnt the importance of the morning update, maintenance checking and more other activities from the counsellors. It was a memorable experience for me.



Intern Ms. Jyothika Albert

It was a great opportunity to work in RFS as a trainee learned about the role of a social worker in psychiatric setting. Also understand about the treatment and medication followed by the residents. Trainee enjoyed conducting recreational activities and games for them. Also, the classes taken by the RFS team was very informative. Came to know about psycho social rehabilitation and how the staff dealing with the residents. The staff in the organisation is a real blessing because they are very friendly and residents feel homely feeling. Overall, these 25 days of field work was a great exposure for the trainee as she applied various principles and skills.

ARTEFACTS BY RESIDENTS



Members of the Governing Council

Office Bearers

President	Mr. B. Chandrasekhar
Vice President	Prof. Rajan Gurukkal
Secretary & CEO	Dr. H.S.Aditya
Treasurer	Ms. Nithya Rangarajan

Members

Mr. K.Vijaya Raghavan	Dr. S.Kalyanasundaram	Dr. Lata Hemchand	Dr. Srikala Bharath
Prof. Sreedhara Murthy	Dr. T. Sivakumar	Dr. Aarti Jagannathan	Dr. Sanjeev Jain
Mr. B.G.Dwarakanath	Mr. Taarakesh S.R.	Mr. Suraj Prakash	

Ex-officio	Secretary General, RFS(India) National Board	Permanent Invitee	Administrative Co-ordinator, RFS(India) National Board
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HUMAN RESOURCES			
Sl. No	Details	Male	Female
01	No. of full-time staff	08	10
02	No. of part-time staff	-	-
03	Consultants	03	01
04	No. of Volunteers	NIL	NIL
	Total	11	11

Overview of Financial Statements from the Treasurer

The Financial year **2022-23 of the RFS(I) Bangalore Branch** has ended with a surplus of ₹ **129.46 lakhs** as against ₹ 51.80 in the previous year. The surplus is largely due to the donations raised through the Charity Golf event. The brief summary of assets and funds / liabilities and Income and Expenditure are given below:

Assets	2023	2022
	Amount INR in Lakhs	
Fixed Assets	306.86	296.51
Loans, Advances & Deposits	10.31	13.20
Cash & Cash Equivalentents	653.03	511.78
Total Assets	970.20	821.49
Liabilities		
Funds & Reserves	797.30	658.23
Loans, Advances & Deposits, Unexpended Grants, Creditors & Accruals	173.89	163.26
Total Liabilities	970.20	821.48
Income	2023	2022
	Amount INR in Lakhs	
Donations	123.62	101.61
Income from Residents' fees	142.56	112.51
Other Income	5.08	4.92
Financing Income	27.54	29.92
Total Income	298.80	248.96
Expenditure		
Direct Programme Activity	99.13	108.93
Administration expenses	70.21	88.23
Total Expenditure	169.34	197.16
Surplus for the year	129.46	51.80

Impressions



A wonderful day at Richmond Fellowship amongst the very happy residents and the staff running it

Citizens for Inclusive Living, Chandigarh

A really fruitful day. Lot of learning about actual rehabilitation for the persons with mental illness. Premises is very clean / hygienic service. Heartening to see smiles on all the inhouse clients.

Excellent work, Facilities, maintenance and staff are very good. Model for any other facility trying to do this.

Dr.Rajani P, Deputy Director, Mental Health, Health and Family Welfare Department

Dr.Prashanth, Additional Member Secretary, Karnataka State Mental Health Authority.



As the Secretary of Medico Pastoral Association, it was interesting and enriching to understand new similar activity center.

Alphonse Kurian, Secretary, Medico Pastoral Association



CONTACT DETAILS

RFS(I) Bangalore Branch Administrative Office

'ASHA', 8 (Old No.501), 47th 'A' Cross, 9th Main, 5th Block, Jayanagar, Bangalore-560041
Ph: 080-26645583 / 41131200

'Asha' – Halfway Home

'ASHA', 8 (Old No.501), 9th Main, 5th Block, Jayanagar, Bangalore-560041
Ph: 080- 26645583 / 22446734 / 9844543228, Email: rfsasha@gmail.com

'Jyothi' – Group Home

'Chetana, Ground Floor, 40-1/4, 6th Cross, Vajpeyam Gardens, Ashoknagar
Banashankari I Stage, Bangalore 560 050
Mobile: 91084 60703, Email: rfjyothi@gmail.com

'Chetana' – Day Care Centre (Temporarily closed)

I Floor, 40-1/4, 6th Cross, Vajpeyam Gardens, Ashoknagar, Banashankari I Stage,
Bangalore 560 050
Email: rfschetana@gmail.com

Legal Status

Registered under Societies Registration Act, 1860

Reg No: S-16800

Date of Establishment: 19-06-1986

Registered u/s 12A of the Income Tax Act, 1961

Reg No AAATT1454DE20214

Dated 28-05-2021

Exempted u/s 80G of the Income Tax Act, 1961

Unique Reg No AAATT1454DF720212

Dated 28-10-2021

Registered under FCRA

Registration Number: 094420477

Registered under GST

GSTIN: 29AAATT1454D1ZM

All donations made to RFS(I) Bangalore Branch are exempted u/s 80G of Income Tax Act 1961.

Bankers	<ol style="list-style-type: none"> 1. Canara Bank, Sarakki Layout Branch, Bangalore 2. Canara Bank, DVG Road, Bangalore 3. Indian Overseas Bank, Jayanagar 5th Block, Bangalore
Auditors	Gowthama & Company, 23/57, 41 st Cross, East End 'C' Main, 9 th Block, Jayanagar, Bengaluru-560 069
Legal Advisors	<ol style="list-style-type: none"> 1. Indus Law, Advocates, 101, I floor Embassy Classic, #11, Vittal Mallya Road Bengaluru-560 001 2. Halo Partners, No.43, 4th Floor, Nandi Durga Road, Jayamahal Extension, Jayamahal, Bengaluru-560046
GST Consultant	Sathish & Co., 29/2, 2 nd Floor, Service Road, West of Chord Road, Near Mahalakshmi Layout Entrance Mahalakshmi Layout, Bengaluru-560086

RFS(I) National Headquarters:

The Richmond Fellowship Society (India), # 406-A (10), 7thMain Road, II Block, Jayanagar, Bengaluru-560 011, Email: rfsnationalb@gmail.com

Acknowledgements

The President and Members of the Governing Council are thankful to the Chairman and members of the National Board for their continued support and guidance in the activities of the branch.

The Fellowship is grateful to all the donors (from India and abroad) who have supported our organization.

The Organisation is indebted to all the families for their support and confidence reposed in the Management team and the RFS Family.

The Fellowship also appreciates the dedication and hard work of the clinical and administrative staff for successful functioning of the facilities.

Our sincere thanks to our Legal advisors, Bankers and Auditors who have worked tirelessly to support us during the year.