# **DUR REQUEST**

You can also become our partner in this benevolent cause.

- Take membership of the RFS and support the cause.
- Motivate your friends, relatives and others in caring for the mentally ill.
- Donate in kind or cash needed for various facilities and programmes meant for the affected people.
- Volunteer your time and talent for our activities.
  - Assist Day Care's day to day programmes.
  - Arrange vocational training e.g. Drawing, painting, art and craft, tailoring etc.
  - Help organize Socio-cultural programme by the trainees.
  - Sensitize employees for providing jobs to mentally ill.
  - We welcome your comments and suggestions for betterment.

The RFS (I) has recognition under section 80 G of I.T. Act for receiving donations and is approved under the FCRA for receiving foreign contributions.

# **OFFICE BEARERS**

#### PRESIDENT

Dr. A.K. Agarwal

9415006128

#### **VICE PRESIDENT**

**Dr.Prabhat Sitholey** 

9919766622

#### **SECRETARY**

Dr. Shashi Rai

9415007076

#### **TREASURER**

Mr. Alok Saxena

9452879200

#### **INCHARGE DAY CARE**

Dr. M. C. Upreti

9452846935

0522-2733957

## **GOVERNING COUNCIL**

Dr. S. C. Gupta	9838575846
Dr. J.K.Trivedi	9415022580
Dr. Ajay Kohli	9415305478
Dr. HarjeetSingh	9415001804
Dr. Abha Awasthi	9415022237
Dr. J.S.Srivastava	9415750872
Dr. Harish Agarwal	9515011528
Shri Sudhir Kumaria	9839057807
Mr. Ramesh Agarwal	9335907756
Dr. Mradula Agarwal	9450003200
Lt.Col.S.S.Yadav	9838093111

# THE RICHMOND FELLOWSHIP SOCIETY (INDIA) LUCKNOW BRANCH



(Regn.No. S-16800/1986.Delhi)

A professionally integrated
Rehabilitative Organization for the
persons presenting with
Mental Health problems

#### **REGISTERED OFFICE**

# Richmond Fellowship Society (India),

Lucknow Branch,
'Upasana' B-104/2, Nirala Nagar,
Lucknow – 226 020.

Phone : (0522 - 2789200)

# PRESENT SERVICE CENTRE Uday Day Care Centre

B-111, Sector `C', Mahanagar Lucknow - 226 006 # 9450412974

## **FUTURE ADDRESS:**

# Richmond Fellowship Society (India),

Lucknow Branch,
Viraj Khand, Institutional Area 5
(Behind Divine Heart Center)
Gomti Nagar, Lucknow – 226 010.

# ABOUT OURSELVES

#### The Richmond Fellowship Society

- **RFS**, Our parent organisation was founded in 1959,more than 50 years ago in U.K...
- It is World's largest network of mental health service providers
- It has 155 branches operating in 35 countries.

#### The Richmond Fellowship Society (India)

- RFS (I) was registered 25 year ago,in 1986 in Delhi with headquarters at Bangalore.
- Is a credible NGO established in the Mental Health Sector
- Offers a comprehensive range of activities including services, training, research and man-power development in the field of mental health.
- Manages a Post Graduate College in Bangalore which offers full time M.Sc course as well as short term courses in Psychosocial Rehabilitation and Counselling
- It has 5 branches in Banglore, Delhi, Sidlaghatta, Lucknow and Ramnagara respectively.

# National Headquarters USHA KIRAN, #406-A (10),

7<sup>th</sup> Main Road, II Block, Jayanagar, Banglore-560011, INDIA

Phone: (080) 26575389,

Email : rfsnationalb@gmail.com Website : www.rfsindia.org The Richmond Fellowship (India) Lucknow Branch was established in March 2005 with a Clear Vision and Humble Mission

#### **DUR VISION**

- To help persons suffering from mental illness and emotional disturbances for their rehabilitation and integration into the family and society.
- To develop a Model Mental Health Care cum Training Center.

#### OL'R MISSION

- Create general awareness about Mental Health.
- Eradicate prevailing misunderstandings, prejudices and stigma attached to mental illness.
- Spread the message that Mental Illness is treatable like any other illness.
- Provide appropriate behavioural, social and vocational training to the mentally ill persons for their rehabilitation.

#### **DUR MAJOR ACHIEVEMENTS:**

- Several of our clients have been successfully rehabilitated.
- Have motivated the parents to form a support group "Manorogi Kalyan Sansthan" as a registered society.

- Creating Awareness to mitigate the sufferings of the patients and their families.
- Building hope and confidence in the patients and their families to help them lead the life with dignity.
- Construction of a building for well equipped Mental Health Care cum Training Center with Day Care and Half Way Home facilities.

#### **DUR SERVICES**

Since June 2005, our Uday Day Care Center has been providing the following services :

 Counselling and Training for rehabilitation :

MONDAY TO FRIDAY 10:00 - 4:00 P.M. SATURDAY 10:00-12:00 P.M.

 Caregivers Meet is held on second saturday of every month in order to understand, discuss and solve the problems faced by the families

every second Saturday 11:00-2:00 p.m.

O.P.D. Consultation : Every Saturday 12:00 to 2:00 P.M.

Free O.P.D.Camp
 on every fourth Saturday :
 12:00 Noon – 2.00 P.M.