

ADMISSIONS

Admission to Halfway Home and Day Care Centre is considered, if referred by the psychiatrist under whom the patient is undergoing treatment. The patient should be fairly stable to make use of the kind of approach offered in the facilities. The application, on the prescribed form, is reviewed by a Clinical Committee which decides suitability of patient for admission after an interview with the patient and the family. The duration of the stay could vary depending on the condition after the successful completion of the initial observation period. Generally, it varies from 12 to 18 months.

ROLE OF THE FAMILY

The participation of the families is very crucial for the progress of their wards. The families are required to get involved in the progress reviews conducted at the end of every 3 months. In these meetings, the member, the family and counsellors jointly discuss and plan goals for the next stage. Family or the local guardian must visit the member once a month. The family should also accompany the member for periodic psychiatric evaluations.

COMMUNITY OUTREACH PROGRAMME

The Community Outreach Programme of RFSI Delhi Branch is extending support and care to the rural unserved segments of the society in and around National Capital Region by rendering following services:

- Regular Psychiatric OPDs with free consultation and counselling service
- Dispensing of medicines, where necessary
- Conducting family therapy programme
- Organising mental health awareness camps
- Motivating community to participate in mental Health activities.



HOPE FOR MANKIND

WANT TO JOIN CAMPAIGN?

You can be our partner in caring for the mentally ill by

- Referring persons in need of help
- Working as volunteer
- Becoming a member
- Offering donations
- Adopting a member
- Sponsoring an event or an activity
- Advertising through our newsletters

Donations are exempt under section 80G of Income Tax Act 1961



For further details contact:

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HOPE FOR MANKIND

For rehabilitation of people
with mental illness



**THE RICHMOND FELLOWSHIP
SOCIETY (INDIA)
DELHI BRANCH**

"VISHWAS"

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MENTAL ILLNESS AND SOCIETY

Mental illness particularly Schizophrenia is known to be a common illness affecting 1% of the general population. In Delhi alone there are approximately 1.5 lakh people suffering from this illness. Schizophrenia usually strikes young people in age group 15 to 35 years, the most productive years of one's life. Presently, the treatment and rehabilitation facilities available for persons affected by this devastating disease are limited in our country.

THE RICHMOND FELLOWSHIP WORLDWIDE

The Richmond Fellowship was founded by Ms Elly Jansen in UK in the year 1959. The Fellowship, through organisations formed specifically for international development of mental health care facilities, established affiliated but independent non-government, non-profit making organisations in over 30 countries. RF organisations follow Therapeutic Community approach for treatment of persons afflicted by mental health problems. The programme has proved highly successful.

THE RICHMOND FELLOWSHIP SOCIETY (INDIA)

RFSI was incorporated in 1986 in Bangalore as a registered society for a charitable cause with the aim of rehabilitation of persons with mental illness. It has 5 branches located in Bangalore, Delhi, Lucknow, Sidlaghatta and Ramanagaram. It runs Halfway Homes, Group Home for Long Term care, Day Care Centres and a Post Graduate College for developing manpower in the field of Psycho-social rehabilitation. The organisation also carries out Outreach Programmes for unserved and underserved population in rural areas.



HOPE FOR MANKIND

THE RICHMOND FELLOWSHIP SOCIETY (INDIA) - DELHI BRANCH

The growing need for psycho-social rehabilitation of the people suffering from mental illness and lack of such services in the northern part of the country motivated the Richmond Fellowship Society India to start a Halfway Home and a Day Care Centre in the National Capital Region. The facility is custom-built for mental health care and is located approx 30 kms from Delhi at 30/3 Knowledge Park III, Greater Noida, U.P.

OBJECTIVES

The objectives of RFSI Delhi Branch are:

1. To provide support for mentally and emotionally disturbed persons and integrate them with family and society.
2. To create public awareness for eradicating stigma.
3. To promote mental health in community.
4. To collaborate and network with other organisations having similar objectives.

HALFWAY HOME

VISHWAS Halfway Home of RFSI Delhi Branch offers residential care for both male and female members suffering from major mental illnesses such as Schizophrenia and allied disorders. The main features are:

- 3 lawns – Front, side and rear.
- Rooms well ventilated, airy with adequate sunshine
- Multi-bed rooms to generate feeling of camaraderie amongst inmates.
- Spacious lounges on each floor
- Facilities for Indoor & Outdoor games



DAY CARE CENTRE

LEENA KHURANA Day Care Centre offers vocational training facilities for both male and female members. The training provided

- Retrains them to acquire basic living skills
- Instils proper work habits
- Imparts vocational skills for independent living

PROGRAMME

The centre has a comprehensive programme of activities designed to help members. The focus is on development of social and practical skills to overcome their limitations in their personal, social and vocational functioning. The prime concern of the fellowship is to integrate them gradually into society through work and other activities. The details are:

- Activity scheduling
- Individual and group psycho-therapies
- Family Therapy
- Yoga
- Music Therapy
- Art Therapy
- Movement therapy
- Involvement in community meetings
- Planned Recreation
- Vocational training

OTHER SERVICES

This includes referral services, educating the families and members about the illness, organizing support groups for families etc. RFSI, Delhi Branch is active in the area of Carers' Care and holds regular meetings for the carers of the persons suffering from mental illness.



HOPE FOR MANKIND